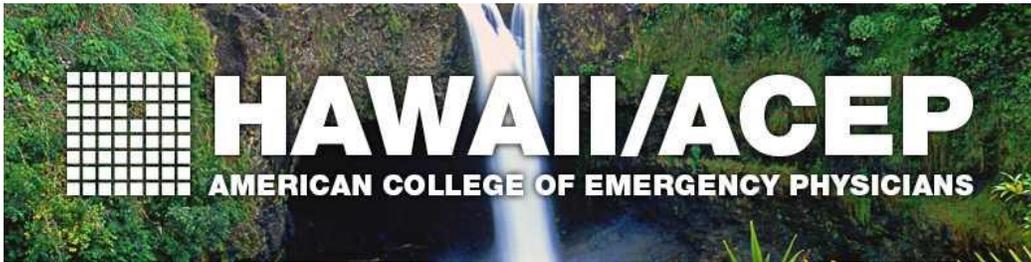


A Newsletter for the Members of the Hawaii Chapter - Summer 2022

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President's Message Gregory A. Suarez, MD

Aloha Colleagues,

It's a great privilege to begin my term as president of Hawaii ACEP. One of my goals is to learn more about our membership, the various working environments that we staff, and get to know any challenges that might exist. As such, I'm hoping to visit your emergency department in the upcoming months.

I look forward to meeting as many of our members as I can and discuss how we might best address any of your concerns. I imagine that we likely share common problems inherent to our specialty, but there are undoubtedly difficulties unique to each practice environment/site and I'd like to familiarize myself with your individual experience.

If you practice on Maui, Kauai, or the island of Hawaii, you may have noticed fourth year medical students rotating in your department. This came to the fruition with the help of so many people over the years and I appreciate the assistance of all our providers who have taken the time with medical education. Emergency medicine has been an increasingly popular specialty among our medical students and I think having a multitude of sites available is essential for learners to appreciate the realities of emergency medicine practice. This development has allowed for

students pursuing emergency medicine to return to their communities and, hopefully, inspire them to return post-residency.

Hawaii ACEP will continue to advocate for our membership and try to address new challenges. I welcome your insight and feedback as to areas of concern and I look forward to meeting everyone soon.

Update: Legislative Committee
Elizabeth England, MD

The results of Hawaii's 2022 primary elections are in. You can look up the state-wide and your local representative results [here](#). With this shake-up in both the executive and legislative branches on the way, Hawaii ACEP is preparing for the upcoming state congressional session in January.



We will be working to develop relationships with our new representatives and continue to foster existing relationships. This will help establish our voice at the Capitol and facilitate introduction of legislation, which must be done by a representative. In order to focus our advocacy efforts and select legislative priorities, we need to hear from you! If you have a moment, please fill out this [survey](#) and let me know what issues are important to you!

Outside of session, we are continuing to work with other specialties to support our patients and their providers. As an example, Hawaii ACEP signed on in support of a letter with Hawaii ACOG to the Governor requesting that basic executive actions be taken to protect providers performing abortions for out-of-state patients (i.e. requesting that RICO and licensing agencies not be allowed to pursue punitive action for providers performing abortions).

As always, please feel free to [contact me](#) if you have any questions or suggestions.

Wellness Section
Get a Pet for Stress Relief
Grace Chen-O'Neil, MD, FACEP



As Emergency Physicians, we deal with a high amount of stress at work. Chronic stress compromises our health and immune system. Stress relief is necessary to maintain our health.

I have been talking about different activities for stress relief including forest bathing and meditation. Now I want to talk about how pets can provide stress relief as well.

Animals boost your mood! Playing with a pet elevates dopamine and serotonin levels. Pets also help us laugh which releases endorphins. Interacting with animals reduces your heart rate and blood pressure. Just 10 minutes of petting an animal reduces cortisol levels...

Pets also provide social support. Pets are a wonderful solution to loneliness and also provide unconditional love and companionship.

Having a pet may also improve your health. Pet owners see doctors less frequently. They also have lower cholesterol levels than those without pets. Pet owners are also less likely to suffer from depression. If you get a dog, walking a dog is great exercise and gives you an excuse to be outdoors!

Different pets are suitable for different personalities. Dogs are loyal and will always greet you excitedly when you arrive home from a long shift! Cats are a little bit less maintenance but are still very amenable to sitting on your lap. Fish can have a calming effect. There are many other possibilities like reptiles, hamsters, rabbits, pigs, AND horses, to name a few!

If you are not in the position to get a pet currently, consider volunteering at an animal shelter, fostering an animal in need, or hanging out with a friend who has a pet! I got a new puppy this year, and it has been wonderful for stress relief...

Adriana's Corner Know Before you Go!

If you are planning to attend [ACEP22](#) in San Francisco. Find information about the COVID protocols [here](#). Your safety & health matters to us!

Welcome Members!

A special welcome to the new members of the Hawaii Chapter and to those that renewed their membership. Please [reach out](#) if you would like to become involved at the chapter level, including leadership opportunities.

We are excited to have you!

Charles Duke, III, MD	Michael T. Wyman, MD
Eduardo A. Tan, MD, FACEP	Michael Yehl, MD
Fernando Carlo, MD	Nicholas E. Simon, MD
Gabrielle Ransford, MD	Patrick W. Loeffler, MD
Jessica Duke, MD	Whitney Hansen, MD
John M. Gallagher, MD, FACEP	Zachary Christian Simms, MD
Julie Katherine Wachtel, DO, FACEP	Zachary M. Baker, DO
LaShell LaBounty, DO	



ACEP Resources & Latest News

New Monkeypox Emergency Medicine Project Requests Case Images

ACEP has partnered with VisualDx to create the [Monkeypox Emergency Medicine Project](#). Together we are asking you to contribute your confirmed monkeypox case images to the initiative. Images will be deidentified and made freely accessible to ACEP members to better assist recognition, clinical care, and education. It will also be available within the VisualDx system. [Learn more.](#)

More Monkeypox Resources: We are regularly updating our [Monkeypox Field Guide](#) and providing weekly rundowns in the [Emerging Threats Communication Hub](#), an open discussion forum for all ACEP members.

Current Insurer Calculation of Qualified Payment Amount for Out-of-Network (OON) Care May Violate No Surprises Act

A new study indicates health insurers are trying to game the system again. [Learn more.](#)

Apply for ACEP's Reimbursement Leadership Development Program by Sept. 8.

ACEP is sponsoring three members to attend several key events in order to train the future leaders in EM reimbursement. Commitment is estimated at 25 days of travel during the 18-month program. [Learn more.](#)

Advocacy at Home: August Recess Toolkit

Elected officials are heading back to their districts for the month and our [Advocacy At Home: August Recess Toolkit](#) can help you set and prepare for local meetings with federal legislators or staff. This is a great time to share your stories that personalize our calls for policy changes. Find this toolkit and more helpful resources for speaking with media and legislators in [ACEP's Media Hub](#).

Get Your Bike Helmet Ready! Dr. and Lady Glaucomflecken are Speaking at ACEP22

Don't miss these social media sensations as they share their perspectives about the physician, patient and family experience. Join us Oct. 1-4 in San Francisco for the [world's largest EM educational conference!](#)

ACEP22 Travel Discounts You Need to Know About

- Hotels: Seven ACEP22 hotels have [recently discounted rates](#) for you! If you already booked through OnPeak, your rates will be automatically lowered. If not, you can still book with these discounted rates.
- Airfare: ACEP + TripEasy = [savings up to 20% off flights](#)

Myth BustED: Patients' Rights in the Emergency Department

ACEP recently launched a "Myth BustED" video series to debunk common misconceptions and educate the public about emergency care. In our first video—[Patients' Rights in the Emergency Room](#)—Dr. Avir Mitra educates patients about laws like EMTALA and the Prudent Layperson Standard that protect access to emergency care. [Watch now to see how ACEP is encouraging patients to always seek care when they need it.](#)

New Bedside Tool for Patients Experiencing Cancer Immunotherapy-related Issues

ACEP has a new point-of-care tool, ImmunoTox, focused on caring for patients who are experiencing adverse events related to cancer immunotherapy. The pathway includes history/physical, testing, management, disposition and immunotherapy pearls. The tool also includes six PDFs for optional download. [Learn more.](#)

Introducing the EM Opioid Advisory Network

Receive clinical guidance, discover tools and resources, and get your questions answered through ACEP's EM Opioid Advisory Network. ACEP's new initiative

connects emergency physicians combating the opioid crisis with expert advice on managing Opioid Use Disorder patients presenting in the ED, creating a protocol to initiate buprenorphine, and more. The expert panel is here to help ALL emergency health care professionals, free of charge. [Learn more.](#)

ACEP is seeking comments on a **draft clinical policy for patients with suspected appendicitis.** [Weigh in.](#)

Podcast: Have you checked out the [newest Frontline podcast](#) episode featuring EM physician and astronaut Dr. Thomas Marshburn?

Now Accepting ACEP23 Course Proposals

As we start our countdown to ACEP22 in San Francisco, we're already thinking about ACEP23 in Philadelphia! ACEP's Educational Meetings Subcommittee is now accepting course proposals for the 2023 Scientific Assembly. [Learn more.](#)

In Memoriam: [ACEP remembers emergency medicine pioneer Jim Roberts, MD, FACEP.](#) One of the first five board-certified emergency medicine physicians, Dr. Roberts became a household name in our specialty through his authorship of *Clinical Procedures in Emergency Medicine and Acute Care*, a prominent book that printed seven editions.

Upcoming ACEP Events and Deadlines

October 1-4: ACEP Scientific Assembly in San Francisco

October 17-22: [EM Basic Research Skills \(EMBRs\)](#)

November 11: Last day to submit [ACEP23 course proposals](#)

Hawaii ACEP Chapter

Gregory A. Soares, MD, FACEP, FAWM - President

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